

The World Community for Christian Meditation Australia (NSW) presents:



‘Introduction to Meditation talk’

An introduction to the contemplative practice of silent meditation in the Christian Tradition.
There will be time for input, meditation and questions.

Session outline

- 1) Fr. John Main OSB and The World Community for Christian Meditation (WCCM)
- 2) Meditation Practice
- 3) Resources, Courses and Groups available

Each session covers the same content and takes around 1 hour

When & Where

Monday 27th November 2023

9:15am at the Blue Room cnr. of High Street & Horsley Avenue

4:30pm at the Parish Office on 182 High Street

6:30pm at the Blue Room cnr. of High Street & Horsley Avenue

RSVP and Enquiries

Kindly RVSP via e-mail to: maximoc@gmail.com

COST: this is a free event

**If you wish to make a donation and for information about events visit:
wccmaustralia.org.au**